



# *The Magic of Music in Hawaii* *March 14 -21 2020* *with Barbara Swetina, Findhorn*



**Always wanted to go to Hawaii? Join us for a never-to-be-forgotten retreat full of music, fun, laughter and celebration through song and dance, on the beautiful island of Kauai!**



Since 2001, Barbara Swetina has been coming to Kauai, learning from Hawaiian people, being inspired by the music and the Aloha culture. In 2017, Mana Hirose, Japan, organised a music retreat with Barbara on the Big Island. We had a magical time singing in nature, dancing with a Kumu Hula and honouring Pele at the volcano, celebrating Spirit and all of life through music and dance!



By popular request we are offering another visit to Hawaii! This time we will be staying at a beautiful house in Poipu, Kauai, and create a sense of heart community, Findhorn style. Beautiful songs and dances will open our hearts, we will snorkel with the abundant tropical fish and turtles, see whales during their courtship season, relax and watch beautiful sunsets in the evenings. There are stunning beaches and ancient sites to be explored.

We will connect with Hawaiian people to learn about traditional values and the magic of Aloha. We will also share simple ways to help participants become ambassadors of Peace with song and dance, in their own communities.

***All inclusive prices (course, accommodation, food, car rental, pickup from airport) range from \$1700 to \$2500 depending on rooms and booking time. For more info and bookings, please contact Mana Hirose [himana@gol.com](mailto:himana@gol.com).***

**Barbara Swetina** has been a music director at the Findhorn Foundation for many years, establishing daily practices for an international culture of peace through spiritual songs and dances. [www.sacredsongs.net](http://www.sacredsongs.net),

**Mana Hirose Aoki** is the founder director of PeaceMaking Labo in Tokyo, as well as an organiser of cultural pilgrimages to different spiritual power places in the world. Barbara and Mana met on Kauai.

Become a Sacred Activist through learning from the Aloha Culture of Truth, Beauty and Love!



Barbara and Mana



